

My Prescription/Medications Checklist

___ Make a list of all your medications, whether prescribed by your doctor or over-the-counter drugs you take regularly. (See “My List of Prescriptions and Non-Prescription Medications” form.)

___ Write down any medication side effects you have experienced in the past.

___ Take these lists to your doctor and make sure they become part of your permanent medical record.

___ Once a year, bring all your medicines to your doctor’s appointment so records can be updated and your doctor can recommend changes, if necessary.